

Curriculum Design & Sequencing of Content

We teach children an engaging, progressive curriculum that is designed to develop children's physical ability, mental capacity and emotional understanding. Delivering the National Curriculum through the Get Set scheme, children gain a comprehensive knowledge and understanding and develop physical, social, emotional and thinking whole child objectives. PE units progress throughout the year groups and build on children's prior knowledge and understanding, with links in learning across the strands, giving the children a secure foundation for their next phase of learning. All Y1-6 classes take part in two lessons of PE per week delivered by a year group Teacher or in-house Sports Coach. Foundation receive one teacher-led PE lesson per week in addition to other Physical Development activities.

Health and Well-being

At BJPS we understand early physical experiences can have a lasting impact on lifelong participation in sport and subsequent health and wellbeing. We are committed to providing children with opportunities to be active and to learn healthy active habits which they can continue through life. Pupils learn how to improve their fitness, health and well-being through knowledge and application in the curriculum. As a school we promote positive life choices and a range of opportunities to be active, such as through lunchtimes and clubs. The school holds 'Well-being' days each half term to educate and promote a healthy lifestyle, physical activity and ways to improve mental wellness.



PE at Burton Joyce Primary School

PE forms an important part of our curriculum and an essential part of a child's personal, social, emotional and physical development. We follow the National curriculum and a progressive school curriculum which incorporates the key elements of PE. As a school, we aim to empower our pupils to gain the knowledge, skills and enthusiasm needed to be lifelong participants in physical activity, encouraging them to lead healthy and active lifestyles. Through extra-curricular activities, we provide children with opportunities to further their experience, skills and enjoyment in a wide range of sports and physical activity. Our commitment to competition enables children to apply their skills and knowledge to participate and excel in a broad range of physical activities as individuals and as part of a team.

PE Leader

Our Curriculum Leader, Karen Miller is responsible for developing the PE curriculum, delivering training on PE planning and teaching across the school, and for overseeing competitions and extra-curricular sports and activities.



Extra curricular activities:

We provide a wide range of engaging opportunities for all pupils to enhance the PE and sports provision provided in PE lessons. Through lunchtime and after-school clubs, children can apply and further develop the skills taught in lessons, or take part in alternative sports and activities to what is on offer in the curriculum.

Big Ideas of PE

When planning and teaching PE units, each will incorporate the Big Ideas of PE:-

- ◆ Movement
- ◆ Development of skills and techniques
- ◆ Application of skills and techniques
- ◆ Co-operation/teamwork
- ◆ Competition
- ◆ Analysis and evaluation
- ◆ Preparation for life and participation
- ◆ Health and fitness

Competition

At BJPS all children engage in regular competition, enabling them to apply their knowledge and skills to be the best they can be individually and as part of a team. With a focus on participation, children compete in a wide range of sports and activities through intra-school or intra-house competitions within lessons and sports day. They have regular opportunities to compete in personal best activities and competitive games at lunchtimes, as well as inter-school competition through the School Sports Partnership and Equals Trust.

Community links

At BJPS we make valuable links with the community to broaden the children's physical and sporting opportunities. Local clubs provide taster sessions for children to experience sports and activities that they can then participate in out of school. Links with clubs such as Burton Joyce Football Club and Table Tennis England enable children to develop their skills and take part in regular competition. Through good community links our pupils can more easily access what is on offer beyond the school.