

Communication and Behaviour



Communication and behaviour are key elements of a child's development. Children and young people need to be able to express themselves as those with communication difficulties are also more likely to have behavioural difficulties. This page provides information on services who can provide communication and behavioural support for children and young people with disabilities.

Children's Centres

What are children's centres?

Children's Centres are located in every district of Nottinghamshire and offer a wide range of support including child development, communication and behaviour.

Age range

Any parent to be or with a child under 5 can attend their local Children's Centre.

What support can children's centres offer?

Children's centres offer a range of activities for children under five. They can also offer one to one or group support with:

- the emotional health of you or your child
- playing with your child
- children's behaviour
- domestic abuse
- children's development, including listening and communication
- feeding your child
- increasing your confidence and help to get a job
- preparing for a baby

How do I contact my local children's centre?

There are several children's centres located in each district of Nottinghamshire. You can find out contact details for your nearest children's centre on [Nottinghamshire County Council's website](#).

Notts County Council – Specialist Support Team (Early Support)

What does the service do?

The Specialist Support Team offers bespoke, individualised packages of support for children and young people from birth to their 18th birthday, either within their own homes or local communities, supported by trained / experienced workers. We are registered and inspected by The Care Quality Commission (CQC)

The team provides:

- Personal care needs assessment
- Support to establish positive routines
- Sleep support and advice
- Overnight support in the home/ community, after a social care assessment
- Specialist sitting (after assessment)
- Community engagement / befriending
- Group provision
- Independence support / preparing for adulthood.

Age range

0 - 18

Who can refer to the service?

Parents/carers can make a referral to the service

Contact Details

Name: Duty Point

Tel: 0115 804 1262

Email: earlysupportservices-duty@nottsc.gov.uk

Behaviour Support Information

[Parentline](#) - Is a confidential texting service for parents and carers. The texting service is an easy way for parent and carers of children aged 0 – 19 years to confidentially ask for help about a range of issues, such as:

- parenting advice and support
- emotional health and wellbeing
- behaviour difficulties
- family health

Parents and carers can contact the text messaging service for advice from Monday to Friday 9.00am - 4.30pm excluding bank holidays. Messages sent to the dedicated number are delivered to a secure website, and responded to by the Healthy Family Team. Texts are usually replied to within one working day. Automatic replies will be sent to any messages received out of hours explaining where to get help if their question is urgent, and when they can expect a response.

Text Parentline on [07520 619919](tel:07520619919)

[Healthy Families Teams](#) - An integrated service for children, young people and families, which brings together care provided by Health Visitors, School Nurses, the Family Nurse Partnership Programme and the National Childhood Measurement Programme. Parents/Carers can ring to access support and advice around emotional and behavioural issues.

Each Healthy Family Team works within a geographical area. These areas are based around local populations with the same boundaries as our children's centres and include the relevant 'families of schools'.

You can find contact details of your local Healthy Family Team in your area by clicking on the following link: [District Contact Details](#)

[Family Lives](#) - Providing information and support for parents on all aspects of family life, from children's development, behavioural management, dealing with teenagers, and family breakdown. They provide support in a number of different ways including via their website and 24 hour confidential helpline.

Telephone helpline: 0808 800 2222