



'ad omnia paratus'



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Dear Parent(s) / Guardian(s),

Next half term, starting on the week beginning **Monday 5<sup>th</sup> June**, as part of our learning about Health and Relationships, Year 3/4 will be covering the topic of 'Changing Me'. This explores many topics including physical and emotional health, developing healthy relationships and becoming citizens who make a positive contribution to our community. The RSE policy is an agreed curriculum, this programme is designed to help children make healthy choices and keep themselves safe, during their schools years and beyond.

Your child will explore the following themes next half term:

**Lesson 1:** To understand that everyone is unique and special. To understand how babies grow.

**Lesson 2:** To understand how babies grow and develop. To understand what a baby needs to live and grow.

**Lesson 3:** To understand that girls' and boys' bodies need to change so that when they grow up their bodies can make babies if they want to.

**Lesson 4:** To identify how boys' and girls' bodies change on the inside during the growing up process and can begin to understand why these changes are necessary.

**Lesson 5:** To begin to recognise stereotypical ideas about parenting and family roles.

**Lesson 6:** Looking ahead- To identify what I am looking forward to.

Appropriate questions that the children may ask during these lessons will be answered honestly, factually and in the context of a safe, supporting and caring environment.

If you have any questions regarding this, please don't hesitate to contact your child's class teacher.

Thank you for your continued support.

The year 3/4 time



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