

## Curriculum Design & Sequencing of Content

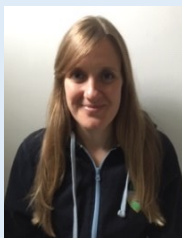
We teach children an engaging, progressive curriculum that is designed to develop children's physical ability, mental capacity and emotional understanding. Delivering the National Curriculum through the PE Hub scheme, children have clear outcomes in head (thinking), hand (doing) and heart (behavioural change.) PE units progress throughout the year groups and build on children's prior knowledge and understanding, with links in learning across the strands. All classes take part in two lessons of PE per week delivered by the Class Teacher or in-house Sports Coach.

## Health and Well-being

At BJPS we are committed to providing children with opportunities to be active throughout the school day and to learn healthy active habits which they can continue through life. Children learn how to improve their fitness, health and well-being through knowledge and application in the curriculum. They have active bursts or mindfulness breaks within the classroom and a range of opportunities to be active throughout lunchtimes. The school holds 'Health and Well-being Week' days each half term to educate and promote a healthy lifestyle, physical activity and ways to improve mental wellness.

## PE Leader

Our Curriculum Leader, Karen Lee, is responsible for developing the PE curriculum, delivering training on PE planning and teaching across the school, and for overseeing competitions and extra-curricular sports and activities.



## PE at Burton Joyce Primary School

PE forms an important part of our curriculum and an essential part of a child's personal, social, emotional and physical development. We follow the National curriculum and a progressive school curriculum which incorporates the key elements of PE. As a school, we aim to empower our pupils to gain the knowledge, skills and enthusiasm needed to be lifelong participants in physical activity, encouraging them to lead healthy and active lifestyles. Through extra-curricular activities, we provide children with opportunities to further their experience, skills and enjoyment in a wide range of sports and physical activity. Our commitment to competition enables children to apply their skills and knowledge to excel in a broad range of physical activities as individuals and as part of a team.



## Extra curricular activities:

We provide a wide range of engaging opportunities for all pupils to enhance the PE and sports provision provided in PE lessons. Through lunchtime and after-school clubs, children can apply and further develop the skills taught in lessons, or take part in alternative sports and activities to what is on offer in the curriculum.

## Key Elements of PE

When planning and teaching PE units, each will incorporate the key elements of PE:-

- ◆ Movement
- ◆ Development of skills and techniques
- ◆ Application of skills and techniques
- ◆ Co-operation/teamwork
- ◆ Competition
- ◆ Analysis and evaluation
- ◆ Preparation for life and participation
- ◆ Health and fitness

## Competition

At BJPS all children engage in regular competition, enabling them to apply their knowledge and skills to be the best they can be individually and as part of a team. Children compete in a wide range of sports and activities through intra-school or intra-house competitions within lessons and sports day. They have regular opportunities to compete in personal best activities and competitive games at lunchtimes, as well as inter-school competition through the School Sports Partnership and Equals Trust.

## Community links

At BJPS we make valuable links with the community to broaden the children's physical and sporting opportunities. Local clubs provide taster sessions for children to experience sports and activities that they can then participate in out of school. Links with clubs such as Burton Joyce Football Club and Table Tennis England enable children to develop their skills and take part in regular competition. Through good community links our pupils can more easily access what is on offer beyond the school.