



'ad omnia paratus'



Head Teacher Mrs J Cook

Burton Joyce Primary School  
Padleys Lane  
Burton Joyce  
Nottingham  
NG14 5EB

Tel: 0115 9312373

[head@burtonjoyce.notts.sch.uk](mailto:head@burtonjoyce.notts.sch.uk)  
[office@burtonjoyce.notts.sch.uk](mailto:office@burtonjoyce.notts.sch.uk)

30<sup>th</sup> March 2021

Dear Parents/Carers,

In the Summer term, our Year 5 and 6 children will be participating in the DARE (Drug Alcohol resistance Education) programme. Our first session will take place on **Tuesday 20<sup>th</sup> April** and will be an introduction to the course. This will be delivered by a trained DARE officer, Carol Spencer, who is part of the Life Skills Education Team. After the lesson, your child will come home with their DARE book. Please take a moment to talk to your child about the course. There is a short homework task for them to complete and a section in the book for you to fill in too. Children should bring their books back to school on **Monday 26<sup>th</sup> April**.

The course consists of ten 45minute lessons and is designed to give the children the skills and knowledge that will be needed to make informed and wise life choices. Whilst we would hope that the issues being discussed are not of immediate concern to the children, our aim is to be pro-active and provide them with information and strategies which will hopefully enable them to avoid adopting unhealthy lifestyles in the future.

Below is a list of the objectives being covered during each session. We have included this so you are aware of what your child will be learning. All DARE books need to be in school on Mondays, so the lessons can be taught on Tuesdays. Sometimes things happen and we have to make changes to accommodate this.

The programme is delivered over a 10-week period and covers the following subjects:

- Bullying
- Peer Group Pressure
- Use of Social Media
- Cannabis and Theft
- Use of Illegal Drugs
- Misuse of Legal Drugs
- Misuse of Alcohol
  
- Smoking
- Knife Crime and Solvent Abuse
- New Psychoactive Substances

We believe that the course will provide information for your child to grow up to be a well informed and confident young adult. We have attached to this letter some information, which has been provided by Life Skills Education.

Please take a moment to read the information. If you have any questions or concerns, please contact your child's teacher in the first instance, who will be happy to talk through the content with you.

Yours sincerely,

The Year 5/6 team.

