



'ad omnia paratus'



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26<sup>th</sup> April 2018

Dear Parent(s) / Guardian(s),

During the week beginning Monday 21<sup>st</sup> May, as part of our learning about Health Education, Year 6 will be covering the topic of sex education.

In Year 5, the children will have watched 4 x 15 minute programmes from Channel 4's 'Primary Sex and Relationship Education' DVD:

**Programme 1:** Differences - explores the differences between males and females other than physical differences.

**Programme 2:** How Did I Get Here? - informs children about conception and the growth of a baby in the womb.

**Programme 3:** Growing Up - presents the physical and social changes that a person can go through in life.

**Programme 4:** Changes - introduces pupils to the subject of puberty and the physical and emotional changes that occur during this development.

This year, the girls will watch programme 5 with Mrs Brodie, whilst the boys watch programme 6 with Mr Smith. Either preceding or following programme 5 or 6, the children will be given the chance to ask gender specific questions relating to puberty and the changes they will be going through (both physically and mentally).

**Programme 5:** Girl Talk - addresses the emotional and physical changes that a female goes through during puberty.

**Programme 6:** Boy Talk - addresses the emotional and physical changes that a male goes through during puberty.

All children in Year 6 will watch the final 2 x 15 minute programmes:

**Programme 7:** How Babies Are Made - explores the different types of relationships (friendships, parent-child and adult), and how adult sexual relationships between a man and a woman can create a baby.

**Programme 8:** How Babies Are Born - explains how a baby develops in the womb during pregnancy, birth and babies' needs once they are born.

Prior to the first session, we will have a discussion about when is and isn't an appropriate time to discuss the matters being covered during these sessions. We would appreciate you re-enforcing the message that the content of these sessions is appropriate to children of their own age and not for younger children.

Yours sincerely

Mr Smith

Mrs Brodie



LOTTERY FUNDED